



## The Neighbourhood Cottage 22 Marjorie Street

Located in a central location in the Taree social housing areas it provides an avenue to directly provide assistance & services which improve quality of life & the advancement of the community & its residents.

Outreach services offered include access to emergency & food relief, children's services, case work, advocacy, health services, information & referral, various classes & learning opportunities, multicultural support, social support/groups, & opportunities for volunteering.

It also provides a place for residents & community-based groups to meet, & to provide community development initiatives.

For more information, call 6550 1666.



## Volunteering

Volunteers for any role within the organisation are always needed. We may not be able to place you immediately, but vacancies often arise.

So if you have some free time and have (or would like to learn) a skill such as computer and general office skills, why not enquire about our volunteer program?

Phone the Manager on 6553 5121.



## Contact MVNS

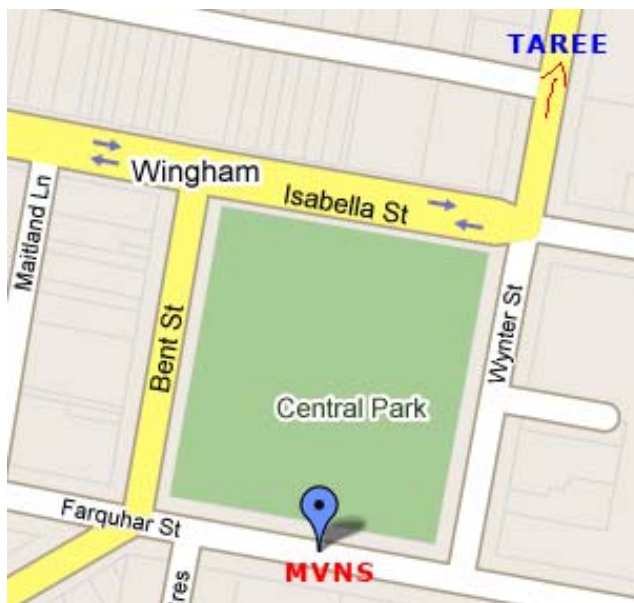
PO Box 75/ 4 Farquhar St  
Wingham NSW 2429

Phone/Fax: (02) 6553 5121

TTY Users call the National  
Relay Service: 1800 55 677

Email: [mvns@mvns.org.au](mailto:mvns@mvns.org.au)

Web: [www.mvns.org.au](http://www.mvns.org.au)



responding to community needs to deliver resources and to empower individuals, groups and the community to address issues that affect them



## About MVNS

Our vision is a joyous, diverse and inclusive community that celebrates its uniqueness and strengths


Manning Valley Neighbourhood Services Inc is a community development and emergency relief organisation that resources and empowers individuals, groups and the community in the Manning Valley and surrounding LGAs to address issues that affect them.

If we don't know which service can assist you - we'll find out! As a generalist service, we are able to help some people who don't fit the criteria of other services.

We have a broad networking capacity on the Mid North Coast as part of participation in regional and inter-regional forums.

MVNS Inc is managed by a community management committee, with staff assisted by volunteer workers.

MVNS is particularly happy to consult on new project ideas and funding possibilities.



## Services & Programs

MVNS provides a number of services and programs to the communities of the Manning Valley and Mid North Coast of NSW.

Current programs and services include:

- Manning Valley Cooperative Living Program/Emergency relief
- Case work/advocacy
- Information and referral
- Community development and capacity building
- Support and assistance for migrants
- Assistance for women experiencing domestic violence
- Tax return assistance for low income earners
- Community garden
- Social support groups
- Volunteer programs
- Cheap use of Phone, Fax, Computer and Internet
- Neighbourhood Cottage
  - Venue Hire
  - Drop in centre and material aid
  - Outreach services & programs

MVNS is continually developing new programs in response to local community needs and availability of funding.

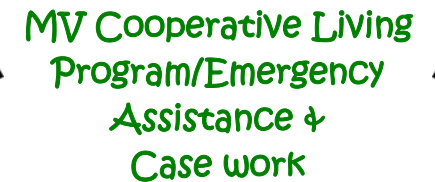


## Information & Referral

MVNS supports women, children, young people, individuals and families so that they can enhance their independence, safety, self-esteem and/or quality of life within the community.

We can do this by providing emergency relief, information, options, advocacy & referrals. We have many resources at our centre & can also provide assistance over the telephone or via email.

Advocacy (in conjunction with casework) on behalf of our clients is a major tool for ensuring effective changes can be made and sustained.



## MV Cooperative Living Program/Emergency Assistance & Case work

MVNS receives funds from the Dept of Families, Housing, Community Services & Indigenous Affairs to provide direct relief from poverty & helplessness to those in the community in crisis or who are unable to meet their basic needs.

We have a generalist case worker who can assist you with more intensive support if required.

Emergency Relief is provided in a way that maximises clients' dignity.

