



COMMUNITY INFORMATION Taree Forster

Gloucester

LOCATION

- Taree, Forster and Gloucester are part of the MidCoast Council area.
- The MidCoast Council area has a population of 92, 464 people and is located on the Mid North Coast of New South Wales, about 320 kilometres north of the Sydney CBD.
- In 2016 9.3% of the population were born overseas.
- In 2016 3.6% of the population were from non-English speaking countries.



MIGRANT SETTLEMENT SERVICE

The Migrant Settlement Service provides settlement services to newly arrived eligible migrants and refugees in the Kempsey, Port Macquarie, Taree, Forster and Gloucester areas. The program aims to equip and empower clients to address their settlement needs, in order to improve social participation, economic well-being, independence, personal well-being and community connectedness.

Who and Where

- Jane O'Dwyer
- Manning Valley Neighbourhood Services at 4 Farguhar St Wingham 2429
- Outreach services available on request

Contact details

Phone: 6553 5121 or 0497 832 079

Email: <u>rmw@mvns.org.au</u>Web: <u>www.mvns.org.au</u>

Facebook: Migrant Support Mid North Coast

EMPLOYMENT

Jobactive Providers, ParentsNext and Disability Employment Support Services

To find your local Jobactive provider, ParentsNext or Disability Employment Support Service to https://jobsearch.gov.au/serviceproviders?emp=1
Looking for a job

To search for jobs in your local area go to https://www.seek.com.au/

EDUCATION AND TRAINING

English Language

Adult Migrant English Program (AMEP): Available to eligible migrants and refugees. TAFE is the AMEP provider in Taree and Forster. Go to:

Key Information: Taree Forster and Gloucester (Updated June 2020)

- TAFE NSW Port Macquarie Campus: Montgomery Cres, Taree, 6591 3711
- TAFE NSW Tuncurry Campus: The Northern Pwy Tuncurry, 6591 3711

ATWEA College

ATWEA College Tuncurry: Crn Manning and Lakes Sts, 31 Manning St Tuncurry, 6554
 9215

Vocational Education and Training

- TAFE NSW Taree Campus: Montgomery Cres, Taree, 13 16 01
- TAFE NSW Tuncurry Campus: The Northern Pwy, Tuncurry, 13 16 01
- ATWEA College Tuncurry: Corner Manning and Lakes Sts, 31 Manning St Tuncurry, 6554 9215
- ATWEA College Taree: contact Tuncurry campus on 6554 9215

University Education

Port Macquarie is 81km (1hr) north of Taree and 110km (1hr:15min) north of Forster.

- Charles Sturt University: 7 Major Innes Rd, Port Macquarie, 6582 9300
- The University of Newcastle: 70 Widderson St, Port Macquarie, 6581 6262

High Schools and Primary Schools

There are a number of public and private high school and primary schools in Taree, Forster and outlaying areas.

- Public Schools: go to the NSW Public School finder at https://education.nsw.gov.au/school-finder
- Private Schools: go to the Private Schools Directory at https://www.privateschoolsdirectory.com.au/

Child Care

There are a number of community and private child care centres in Taree, Forster and outlaying areas.

 Go to Care for Kids child care director at https://www.careforkids.com.au/child-care/nsw

ACCOMMODATION

Rentals

Websites you can look at to find rental accommodation include:

- Realestate.com.au: https://www.realestate.com.au/rent/
- Domain: https://www.domain.com.au/

Housing and Support Services

- Great Lakes/Manning Homelessness Support Service (homelessness service for men, women and families and women escaping domestic violence): 103 Victoria St, Taree, 6539 3400
- Taree Women and Children's Refuge (short term crisis accommodation for women and children escaping domestic violence): Taree, 6551 0011 or 1800 65 64 63
- Great Lakes Women's Shelter (short term crisis accommodation for women and children escaping domestic violence): Forster, 6555 9835
- Community Housing Ltd: 185 Victoria St Taree, 1300 245 468
- Compass Housing Services: 57 Albert St Taree, 1300 333 733
- Great Lakes and Manning Youth Homelessness Service (16-24yrs): 6551 6996
- Link2home (accommodation information and referral including temporary

Key Information: Taree Forster and Gloucester (Updated June 2020)

accommodation 24/7): 1800 152 152

HEALTH SERVICES

Public Health Services

- Manning Base Hospital: 26 York St, Taree, 6592 9111
- Taree Community Health Centre: 64 Pultney St, Taree, 6592 9315
- Forster Community Health Centre: 16 Breese Pde, Forster, 6555 1800
- Gloucester Soldier's Memorial Hospital: Church St, Gloucester, 6538 5000
- Gloucester Community Health Centre: Church St, Gloucester, 6538 5056 or 6538 5058

Dental Service: 1300 651 625Mental Health Line: 1800 011 511

Private Health Services

Mayo Private Hospital: Potoroo Dr Taree, 6539 3600

• Forster Private Hospital: 15 South St, Forster, 6555 1333

There are a number of GP, private dental, allied health and counselling services available in Taree, Forster and Gloucester.

TRANSPORT

Buses

- Eggins Comfort Coaches: 6552 2700
 https://egginscomfortcoaches.com.au/timetables/
- Wingham Buslines: 6553 4310 https://www.buslinesgroup.com.au/wingham-maps-timetables.html
- Tinonee Bus Service: 6551 0033 http://www.tinoneebusco.com.au/timetables.html
- Forster Buslines: 6554 6434 https://www.buslinesgroup.com.au/forster-maps-timetables.html
- Newcombe Coast Lines (Gloucester): 6558 1418
 https://newcombebus.com/glouster/
- Holiday Coast Connections (Taree and Forster direct to John Hunter Hospital):
 1800 022 222
- Busways Port Macquarie: 1300 69 2929 https://www.busways.com.au/plan-your-trip/route-timetables (Great Lakes region)

Taxis

Taree Taxis: 6551 7000

Taree Combined Taxi: 6551 3555
Taree Maxi Taxi: 0447 456 294
Wingham Taxis: 6553 5353
Green Way Taxis: 0428 419 365

Forster Tuncurry Taxi: 6554 6555
Taxi Forster-Tuncurry: 13 1008

• Gloucester Taxi Cabs: 0427 089 900

Airport

- Taree Airport: 1 Lansdowne Rd Cundletown, 6553 9863
- For flight information go to https://flypelican.com.au/

Train

 NSW Trainlink: 13 33 32, to book a train or bus ticket go to https://transportnsw.info/regional

LEGAL SERVICES

Free Legal Advice Clinics are held regularly in Taree, Forster and Gloucester for civil, family and criminal matters. Ask for the latest clinic flyer or contact:

- Legal Aid NSW: 107 William St, Port Macquarie, 5525 1600
- Mid North Coast Community Legal Centre: 30 Murray St, Port Macquarie, 6580 2111
- Law Access: 1300 888 529 (free government services providing legal help as a starting point for people who have a legal problem or enquiry in NSW)

Private Solicitors

• There are a number of private solicitors available in Taree and Forster areas. Go to https://www.lawsociety.com.au/for-the-public/find-a-lawyer

Migration and Other Advice

- Northern Settlement Services: 4969 3399
- Immigration Advice and Rights Centre (IARC): 8234 0700
- Legal Aid Immigration Specialist Team: 9727 3777
- The Salvation Army Legal Service: 8202 1500
- Migrant Employment Legal Service: 9137 6067
- Domestic Violence Advice Line: 1800 810 784

PLACES OF WORSHIP AND COMMUNITY CONTACTS

There are many churches in the Taree and Forster areas including (but not limited to) Catholic, Uniting, Anglican, Baptist, Jehovah's Witness, Presbyterian, Wesleyan Methodist and Seventh-day Adventist Churches.

- St Mary and Pope Kyrillos Coptic Orthodox Church: 89 Main St, Cundletown, 6500
 4472
- Tibetan Buddhist Institute of Studies: 22 Tulloch Road, Tuncurry NSW, 65556219 or 0423 925 224 (meditation sessions, study groups and discussions)
- Muslim community: If you want to find out more and make contact with the Muslim community, please let me know and I can connect you.

SHOPPING AND FOOD

Taree, Forster and surrounding area have many shops including Woolworths and Coles where all household needs can be purchased.

Cultural

- Car Park Deli: sells international foods and spices 6/23-27 Pultney St, Taree, 6552 5030
- Newcastle is 170km (2hrs) south of Taree and has an extensive range of shops stocking cultural food products, halal products and more.

Halal

There are a number of halal restaurants and fast food outlets in Taree and Forster

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- Coles and Woolworths stock halal certified Lilydale and Steggles chicken
- Cundletown Gourmet Meats & Chicken: halal beef and lamb available on request 6
 Else St, Cundletown, 6553 9319

COMMUNITY INFORMATION

Government Services

- Mid Coast Council: 7955 7777, https://www.midcoast.nsw.gov.au/Home
- Libraries: To find your local library go to https://library.midcoast.nsw.gov.au/Home
- Manning Regional Art Gallery: 12 Macquarie St, Taree, 6592 5455, https://mraq.midcoast.nsw.gov.au/Home
- Service NSW: 13 77 88, Taree (7 Macquarie St) and Tuncurry (Shop 10/22-25 Manning St)
- Services Australia (Centrelink and Medicare): 13 24 68 Taree (184-188 Victoria St) and Tuncurry (116 Manning St)
- Services Australia Multilingual Phone Service: speak with a bilingual service officer about your payments 131 202
- Gloucester Centrelink Agent: MidCoast Council Gloucester Office, 89 King St, Gloucester

Volunteering

- MSS Volunteering in the Community: Suite 3/57-61 Albert St, Taree, 6551 1800
- Mid Coast Council: 6591 7222
 https://www.midcoast.nsw.gov.au/Community/People/Volunteering
- Seek Volunteer: https://www.volunteer.com.au/volunteering
- NSW Volunteering: https://makeadifference.volunteering.nsw.gov.au/

Sport, Recreation and Events

- Sport: There are a number of sports activities for children and adults. For further information Google the relevant activity to find contact details or contact the Migrant Settlement Service.
- PCYC (activities for children and adults including boxing, gymnastics, martial arts and school holiday activities): 95 Commerce St Taree, 6551 0292
- Manning Aquatic Leisure Centre (YMCA): 51 Manning River Drive, Taree, 6550 0500
- Great Lakes Aquatic Centre (YMCA): 51 Lakes S,t Forster, 6555 4617
- National Parks NSW: to find out about camping and things to do in your local area go to https://www.nationalparks.nsw.gov.au/visit-a-park
- To find out about local events and markets go to https://www.midcoast.nsw.gov.au/Home
- 2Bob Radio 104.7FM: Taree, 6552 6200. To find out about ethnic programs go to http://www.2bobradio.org.au/2bob-radio-ethnic-programs.html

Refugee Support Groups

- Manning Rural Australians for Refugees: Taree, 0439 814 616
- Great Lakes Rural Australians for Refugees: email info@greatlakesrar.org

EMERGENCY

- Emergency Triple Zero (000) for immediate assistance from Police, Ambulance or Fire call 000
- Taree Police Station: 83 Albert St Taree, 6552 0399
- Forster Police Station: Cnr Lake and West Sts, Forster, 6555 1299
- Gloucester Police Station: 8 Church St, Gloucester, 6558 1204
- State Emergency Service (SES) Mid North Coast: 6592 5800 or 132 500 (emergency help)
- Link2home (accommodation information and referral including temporary accommodation 24/7): 1800 152 152
- Domestic Violence Support (1800 RESPECT): 1800 737 732
- Lifeline (24hr counselling service): 13 11 14
- Kids Helpline (phone and online counselling for young people aged 5-25): 1800 551 800
- Men's Referral Service (men's family violence telephone counselling, information and referral service): 1300 766 491
- MensLine Australia (telephone and online counselling service for men with family and relationship concerns): 1300 78 97 78

OTHER USEFUL NUMBERS

- Manning Valley Neighbourhood Service: 4 Farguhar St, Wingham, 6553 5121
- Forster Neighbourhood Centre: 1 Coral Ave, Tuncurry, 6555 4351
- Bucketts Way Neighbourhood Group (Gloucester): 88 King St Gloucester, 6558 2454
- Translating and Interpreting Service (TIS): 131 450

This list is not exhaustive. If you can not find what you are looking for call the Migrant Settlement Service worker on 6553 5121 or the Neighbourhood Centre in your area.