



# Manning Valley Emergency Relief - Service Directory- May 2023

<u>Service Provider</u> <u>ER Details</u>		<u>Contact</u>	<u>Referral Required</u>	<u>Days/Hrs of service</u>
Blue Cross Community Care	Food Parcels, chat and referrals Anglican Church - Blue Cross	Victoria St - Taree (White building at front) 6551 3849	No	WEDNESDAYS 10am - 12noon
Catholic Care Food Program - Taree Community Kitchen	Provides a hot nutritious meal. Bread, fruit, and vegetable parcels provided when surplus available.	Sue Abdo 02 6539 5900 250 Victoria St, Taree	No	MONDAYS TO SATURDAYS 12 - 1
Global Care Faith Family Church -Taree	<i>Drop In</i> Food hamper and care packages <i>Foodbank Outlet</i>	<a href="mailto:jenny@faithfamily.com.au">jenny@faithfamily.com.au</a> 147 Cowper St, Taree	No	THURS/FRI 9.30am- 12.30pm Global Care Foodbank
Manning Uniting Church	Food parcels Information and referral Fresh bread and vegetables available on Fridays from table in foyer. <b>Income statement required</b>	Ministry Centre Office: Albert St Taree 02 6552 3850 <a href="mailto:manninguc@outlook.com">manninguc@outlook.com</a>	No	FRIDAYS ONLY 9.30am to 12.30pm
Manning Valley Cooperative Living Program (MVCLP) - Manning Valley Neighbourhood Services Inc (MVNS)	Food Parcels and vouchers for Food, Fuel, Electricity (EAPA), Food parcels <i>Referrals accepted</i> <i>Individual assessments</i> <i>Phone assessments available</i> <i>Income statement required</i>	Old Courthouse Wingham 02 6553 5121 <a href="mailto:mvns@mvns.org.au">mvns@mvns.org.au</a> <i>Appointments can be made from Mon to Friday</i>	No	Wingham - Tuesday & Thursday 10am - 1.30pm  Food parcels available without appointment
Midcoast Outreach	All of the below must go through an intake process: <ul style="list-style-type: none"> <li>• Long Life and bread, clothing, bedding camping gear etc available at all times</li> <li>• Food hamper with fresh food and groceries on Friday</li> <li>• Optus phone cards, free phone and internet</li> <li>• Washing facilities.</li> </ul>	Head Office-65534497 Lot 20 Wynter St Wingham <a href="mailto:Email-outreach@mcoi.org.au">Email-outreach@mcoi.org.au</a>	No	OPEN 9 - 4 MON - FRI 9 - 1 SATURDAY



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<u>Service Provider</u> <u>ER Details (Continued)</u>		<u>Contact</u>	<u>Referral Required</u>	<u>Days/Hrs of service</u>
Salvation Army - Taree	Food, Telstra, prescriptions, fuel.	02 87757988- assessment line Centrelink number required	No	Call assessment line MON- FRI 9am-4pm Assistance provided Thur 9am-12noon
Samaritans ER Service	Vouchers and referrals •	Samaritans Homelessness Hub 103 Victoria St Taree <i>By appointment only - ring 0448 405 350 on Tuesdays between 9.00am and 9.45am (messages not monitored)</i>		TUESDAYS 10.30am - 12.30 (No referral required)
St Vincent De Paul -Taree	Food & other assessed need	9 Albert Lane, Taree <a href="mailto:mn.cf.taree@vinnies.org.au">mn.cf.taree@vinnies.org.au</a> Phone 02 6551 0143 for Appointment	No	Various days and times as required
The Food Basket - Wingham	Providing free bread and vegetables. Shop onsite for other groceries	1 Moon Street Wingham Seventh Day Adventist Church 0412 198762; 0438 634 880; 0491 134739	No	Wednesdays 11 - 1 Thursdays 11 - 6
<u>Housing/Homelessness</u>		<u>Contact</u>	<u>Referral Required</u>	<u>Days/Hrs of service</u>
Great Lakes and Manning Youth Homelessness Service	Youth Homelessness Service Taree, Forster and Gloucester. Service includes: residential crisis accommodation for 16-17 year olds; transitional accommodation and support; outreach support. Target group 16-24 years old.	02 6551 6996  Service can be accessed through Link 2 home -1800 811 474	Yes	Phone message 24 hr Mon -Fri 9.00am-5.00pm
Great Lakes/ Manning Homelessness Support Service	Specialist Homelessness Service for over 25 yo men, women, families and women escaping domestic violence”	02 6539 3400  Service can be accessed through Link 2 home -1800 152 152	No	Days/hrs Mon - Fri 9am to 4pm





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<u>Other Support Services - Local Details</u>		<u>Contact</u>	<u>Referral</u>	<u>Days/Hrs of service</u>
Drug and Alcohol Triage and Referral Service	Counselling	1300 66 00 59	Self	8.30 - 4.30 Mon - Fri
Services Australia	Referrals made to ER services	Centrelink - Contact via Smart Centre 132850 or 136150 (8am - 5pm); or, Local Service Centre (8.30am - 4.30pm)		Mon - Fri 8.30am - 4.30pm
Mid North Coast Financial Counselling Service	Provides free financial counselling/literacy Financial counselling for problem gamblers and/or their families	<b>Pauline Smith</b> Ph 1300 662540 psmith@kempseync.org.au <i>Appointment only</i>		Mon - Fri 8.30am - 4 pm
Manning Support Services	<b>No Interest Loans Scheme (NILS)</b> No interest loans for white goods, furniture or medical equipment	02 6551 1800	No	Reception Mon - Thurs 8.30am - 4.30pm Friday 8.30 am- 12.00pm
Wesley Mission Taree - Financial Counselling	We are a free service that can provide budgeting assistance and financial counselling (advocacy and strategies for dealing with outstanding debts etc).	Sarah McFadden 0447 383 833 <a href="mailto:sarah.mcfadden@wesleymission.org.au">sarah.mcfadden@wesleymission.org.au</a>	No	Monday - Friday 9.00am - 4.00pm  By appointment
<u>Other Support Services - Phone - Local Details</u>		<u>Contact</u>	<u>Referral</u>	<u>Days/Hrs of service</u>
Carers support and services	Support for carers	1800 242 636		Mon - Fri 9.00am-5.00pm
Child protection and Family crisis Service	To report incidents of child abuse or neglect	13 21 11		(24hr) Helpline
Credit and Debt Hotline for Financial	For urgent and immediate financial counselling. They will of course refer to local services if practical	1800 007 007	No	Normal business hours



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<b>Counselling</b>				
<b>Domestic Violence Hotline</b>	Statewide domestic violence telephone crisis counselling service.	<b>1800 656 463</b> <i>TTY Number: 1800 671 442</i> <i>Web: <a href="http://www.glcsnsw.org.au">www.glcsnsw.org.au</a></i>		
<b>Kids Helpline</b>	Counselling service for anyone aged 5-18	<b>1800 551 800</b>		24 hr counselling service
<b>Lifeline Mid North Coast</b>	Lifeline Crisis Support available 24/7  Dedicated Aboriginal and Torres Strait Islander Crisis Support Line	<b>Call 13 11 14</b> <b>Text 0477 13 11 14</b> <b>Chat online: <a href="http://lifeline.org.au">lifeline.org.au</a></b>  <b>13 YARN Call 13 92 76</b>		24hrs counselling
<b>Community Partnerships Against Domestic &amp; Family Violence</b>	Outreach support. Education, advocacy, referral women & children	<b>02 65520386</b> <b><a href="http://domesticviolence.nsw.gov.au">domesticviolence.nsw.gov.au</a></b>	yes	Mon-Fri 9.30am-2.30pm Manning, Great Lakes LGA
<b>Victims of Crime</b>	Confidential counselling services, support groups and referral	<b>1800 633 063</b>		24 hr counselling service
<b>Parent line</b>	Telephone counselling, information & referral service for parents and carers	<b>1300 1300 52</b>		Mon - Fri 9.00 am - 9.00 pm Sat - Sun 4.00 pm - 9.00 m