



*Equity, dignity, happiness, sustainability - these are all fundamental to our lives but absent in the GDP.*  
Helen Clark

# MVNS NEWS

AUTUMN 2023



IF YOU NO LONGER WISH TO RECIEVE THIS NEWSLETTER  
PLEASE CALL 65535121

## New Facebook and Instagram

MVNS has a new **Facebook** page!

Switch over to make sure you are seeing all the latest news as posting will cease on the old page.

Our new page can be found by searching:

*Manning Valley Neighbourhood Services*

It can be distinguished from the old page by the lack of '*Inc.*' on the end, and by the red street library profile picture.



We also have an **Instagram** account! Search *mvnservices* to find us.

Check out our *Old Courthouse Community Gardens* **Facebook** page too!







## Women Kind Collective

The **WKC** space has been busy with a variety of events lately including Weave to Heal, Macrame and Home Herbalism. Upcoming there is the Spiritual Fair and Markets, Puppets for the Planet and more!

Check out the WKC **Facebook page**, **Instagram** and **Calendly** for more info!

**Elections** are coming up

Saturday 25th March.

are you registered to vote?

Go to: <https://aec.gov.au/enrol>  
to register, check or update

## From the Garden

The Community Gardens need some support. Stay tuned for **Working Bee** around June. Date, to be announced.



**March/April Planting**  
Silverbeet, Cauliflower  
'mini', Lettuce, Spring  
onions, Beetroot



MVNS welcomed our newest volunteer recently.

**Geoffrey's** specialties are client liaison and treat disposal facilitation!



## DID YOU KNOW...

you can **donate** to MVNS?  
Donations help support our  
**emergency relief** efforts.

Head to [mvns.org.au](https://mvns.org.au) to make your tax deductible donation!

## SecondBite

Mon-Wed  
After 11am

