

MULTICULTURAL HEALTH DIRECTORY

TAREE, FORSTER & GLOUCESTER



Updated August 2026

In an emergency call 000

Translating and Interpreting Service (TIS)

The Translating and Interpreting Service (TIS) is a free service for non-English speakers.

Call **131 450** and state the language you require.

TIS can be used to contact all government, health, education and support agencies with a telephone interpreter.

Interpreting in NSW Public Hospitals

Free interpreting services are available to all patients using NSW public health care services. You, and your family, have the right to request a health care interpreter, even if you are not offered one.

Ask your health care professional to call the Health Care Interpreter Service on **4924 6285**

Doctor's Priority Line

Would you prefer to speak to the Doctor in your language?

Ask your GP to call the Doctor's Priority Line **1300 131 450**

Translated Health Information

You can find health information on many topics, in your language here:

<https://www.mhcs.health.nsw.gov.au/publications/browse-by-language>

Hospitals

Manning Base Hospital (including emergency department), 26 York St, Taree **6592 9111**

Gloucester Soldiers Memorial Hospital (including emergency department), 166-182 Church Street, Gloucester **6538 5000**

Wingham Hospital, 34 Bungay Road, Wingham **6557 3400**

Community Health Services

Provide healthcare, including nursing, allied health, and chronic disease management. Generally need a referral from a primary health service.

Taree - 64 Pulteney Street, Taree, **6592 9315**

Forster - 14 Breese Parade, Forster **6539 6300**

Gloucester - 166-182 Church Street, Gloucester **6538 5056**

Health Direct

Health Direct provides health information, a symptom checker and an online directory of healthcare professionals and services

www.healthdirect.gov.au 1800 022 222

Kate Stokes Migrant Settlement Service

☎ 0497 832 079 / 6553 5121

✉ rmw@mvns.org.au

📍 4 Farquhar St, Wingham, 2429

🌐 www.mvns.org.au

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Mental Health

The Mental Health line is **1800 011 511** (in an emergency call **000**)

Headspace Taree (for young people aged 12–25) **6539 3440**

Flourish Australia, Taree **9393 9415**

Lifeline (24/7 Crisis Support) **13 11 14**

Carers

Carer Gateway is an Australian Government program providing free services and support for carers.

1800 422 737 www.carergateway.gov.au

BreastScreen NSW

BreastScreen is a free breast cancer screening service for women over 40 years old.

www.breastscreen.nsw.gov.au **13 20 50**

Family Planning

Family Planning clinics offer a range of reproductive and sexual health services. The closest clinic is in Newcastle. However, telehealth appointments are also available.

1300 372 372 or book online www.fpnsw.org.au

Tresillian

Tresillian Nurses can help make sense of your child's crying, sleep, feeding and behaviour with tailored programs to meet your needs.

Manning Family Care Centre, 78 Albert Street, Taree **6515 1952**

Tresillian Parent's Help Line on **1300 272 736**

Services Australia

You can call the Services Australia Multilingual Service **131 202**

You can also access information in your language here:

www.servicesaustralia.gov.au/information-your-language