



## Elands Legal Services and Health Roadshow

### ***Fines and other legal Stresses?***

#### ***Questions for Early Childhood, Women's Health and Family Planning Nurses***

A **FREE** road show of services will be held at the **Elands Community Health Centre** on Wednesday the **11<sup>th</sup> March from 10am** at Elands Community Health Care Centre Lot 10/19 Wallis St

The road show is being organised under the auspice of Manning Valley Neighbourhood Services by a number of organisations which recognise the difficulty people from the Elands community face accessing services due to the distance and geography of the area.

There will be a range of information and advice about fines, loans or money you owe, social security, family law issues, access to your kids, criminal law matters and discrimination.

Community health will also be there with an Early Childhood nurse, Women's Health Nurse and a Family Plan

ning nurse.

On the day while you are talking to services providers there will also be a number of children's activities to keep the kids entertained and a **FREE BBQ**.

**FREE BBQ  
Kids Activities &  
early childhood**

So please come along, have a chat, hang out with the kids and have a lentil burger or a sausage!

#### **There will be workers available to help you from:**

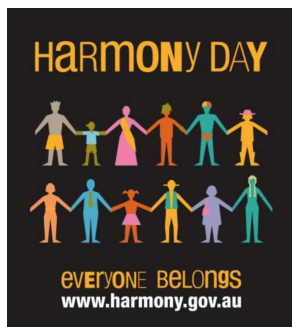
- Legal Aid NSW
- Mid North Coast Community Legal Centre
- Mid North Coast Financial Counselling Service
- State Debt Recovery
- Centrelink
- Manning Valley Neighbourhood Service
- Family Planning
- NSW Police Force
- Women's Health
- Taree Library
- Mission Australia



Have you had a look at our website or check out the community gardens page and bits and pieces of resources. Latest one sourced from Sustainable Gardening Australia is about green manure crops or check this link

<http://www.cogs.asn.au/tips-and-techniques/green-manures/>

# An Evening of Harmony



## Art Beyond The Canvas

Traditional games,  
stories, poetry, song,  
music, dance and  
languages of our  
cultures in the  
Manning Valley

Manning Regional Art Gallery  
21st March 6:00pm - 9:00pm  
12 Macquarie Street Taree

Free Event  
Bookings Essential by  
16 March

Contact:  
Tracey Anderson  
6592 5275

Jane O'Dwyer  
6553 5121

A light supper will be  
provided



How much has happened since the last volunteer newsletter!!! (sorry—we missed the summer edition).

Bushland Tukka is going ahead in leaps and bounds—see the March edition of **Focus magazine**, or <http://focusmag.com.au/mgl/flip-book>

for an interview with the enterprise coordinator which also outlines aspirations for coming months.

While we have received enormous levels of support for this enterprise, we are always happy to hear from you about ideas, volunteers and funding opportunities.

The outreach office/group meeting space is now operating and the community garden is looking beautiful after a wet, humid summer with a stretch of lawn to sit and eat and drink, or just meet up with friends.

The Bushland Tukka food van which was generously funded through the Enterprise Training Company had its first outing at the Akoostik Festival, and we are seeking keen volunteers who may like to assist with taking it to



other markets and events. It provides a complementary avenue to offer food from the cafe and raise funds as well as awareness of the enterprise and its' aims.

In recent months, we have facilitated a Hospitality II Certificate course in partnership with TAFE and numerous community events.

Phone 65577318 for catering options and prices.

All information and menus will soon be on our website [www.mvns.org.au](http://www.mvns.org.au)